

### CeraVe with Clobex therapeutic mix

Mix 1 lb jar of CeraVe cream with 60 ml of Clobetosome solution. Prescription for Clobex spray (brand name of clobetosome solution) will be given to you together with discount coupon (this coupon will cut your clobex cost to no more than \$30). Clobex spray comes in 120 ml bottle so you will mix only half of it into full jar of CeraVe cream (you will still have enough for another full jar in the future). Clobetosome solution come in a smaller 60 ml bottle, so mix the entire content into a 1 lb jar of CeraVe cream. Do not use CeraVe lotion.

Clobex is a gentler and more effective than generic clobetosome solution but some insurance will not cover it. On the coupon there is a phone number to call to register your Clobex discount; you can also talk with the representative at that time to find out if your insurance will cover Clobex spray. To mix the 60 ml of Clobex spray (clobetosome solution), remove about 2 Tsp of CeraVe cream from the jar to allow for mixing space. Once the solution fully mixed, add the removed cream back. Make sure you label the jar to prevent mistakes. Once combined together, this mixture becomes a powerful medication and it should not be used excessively and should never be applied to face or groin, or used for children (unless instructed so by your dermatologist).

Use the CeraVe + Clobex (mixture) x \_\_\_\_\_ day for \_\_\_\_\_ days.

Apply to \_\_\_\_\_

Then use it \_\_\_\_\_

Use regular moisturizer in all other areas.